

# Licensed Professional Trainer (LPT) Certification Course - Program Overview

### Introduction and Purpose:

The following information provides an overview of the PSIC Licensed Professional Trainer (LPT) Certification Program.

The LPT Certification represents a significant milestone in a ski instructor's career as they evolve their practice from teaching to training other instructors. The purpose of the education is to mobilize leaders and trainers in the ski industry who will be training and empowering others in snow schools and who are interested in teaching programs on behalf of the PSIC. With your already substantial ski instructing knowledge and experience, the LPT Certification Course will help you gain confidence in delivering inspiring, accurate and relevant training to other teachers and trainers in a simple structure that makes your training effective and impactful. You will acquire essential knowledge and practical skills necessary for setting others up for success in their initial lessons at a snow school.

#### **Learning Outcomes:**

Learning outcomes are based on modeling and labeling of decisions, tactics and tools for delivering lessons that embody the PSIC's Adventure philosophy - Fun, Safe, Learning - through training sessions for new instructors.

#### Assessment and Evaluation

Evaluation of learning outcomes is conducted through a 3-day ongoing assessment that reflects the entire course duration, incorporating all opportunities to develop and showcase these outcomes. For this reason, engagement and participation throughout the program are extremely important.

Evaluation is provided based on "exceeds expectations," "meets expectations," and "requires development" in relation to the learning outcomes, with a requirement to demonstrate these outcomes "most of the time" in the context of training instructors to teach up to parallel in moderate terrain conditions.

## The Adventure - Training instructors to deliver Fun, Safe, Learning:

Modeling and Labeling of Teaching Skills

- Exposes tactics for fostering Fun Safe Learning environments throughout the program.
- Shares verbal, visual, and experiential methods providing effective explanations, demonstrations and practice.
- Adapts training approaches to foster psychological safety and mitigate physical risks, ensuring a supportive training environment.
- Balances ski mileage, group instruction and individualized feedback within a compelling training theme
- Creates awareness of terrain implications and uses terrain play to enhance teaching skills and creativity among trainees.

Application and Communication of Technical Skills

- Describes and applies technical principles grounded in understanding of force and balance, and the technical blueprint to guide students toward a clearly defined purpose.
- Demonstrates and develops organized teaching processes that includes identifying purpose, assessing progress and developing practical skills that enhance the intended purpose.

## Assessment and Evaluation

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- Evaluation is provided based on "exceeds expectations," "meets expectations," and "requires development" in relation to the learning outcomes, with a requirement to demonstrate these outcomes "most of the time" in the context of training instructors to teach up to parallel in moderate terrain conditions.
- These results are provided at the conclusion of the program before departure from the ski area at which the program takes place.
- Opportunities for 1-2-1 check-ins with your Trainer will be available during the program to ensure learning outcomes are understood and increased focus is applied where necessary. The goal is to help you where you need help.
- Completion of the online e-Learning modules and participation in all three days of the on snow portion are required to complete the program and achieve the LPT designation.
- All participants receive a written development plan following the program to help provide guidance on next steps for ongoing development.

## **Course Structure**

The LPT Program includes both online e-Learning and on snow practical components.

#### Online E-Learning Component

- This section of the program will take approximately 1 hour to complete and can be done at home, at your own pace.
- The e-Learning modules provide priming and insight into the concepts that will be explored further during the on snow portion of the program.
- The online modules must be completed prior to the on snow portion.
- Access to the e-Learning modules will be provided once you have registered for the Level 1 Program.
  - Currently additional modules are in development and will be launched in early 2024.

#### On Snow Component

- On snow training is three days, approximately 4.5 5 hours per day.
- These three days will provide introduction to trainer skills, and numerous opportunities to practice components of delivering instructor training in an ongoing assessment environment.
- Practice opportunities and feedback will be continuous throughout.

## Course Prerequisites:

- Practical teaching experience within a recognized snow school is strongly recommended for participants considering the Licensed Professional Trainer Course.
- PSIC Level 3 or recognized equivalency is required (refer to cross over document if you are a member of another organization already).
- You MUST be a minimum 14 years of age on the day the on snow portion begins.
- You must be a paid member of the PSIC to register.
- Online e-Learning modules made available upon registration must be completed prior to day one of the on snow portion of the program. These modules will provide important and useful information that will increase the value and effectiveness of your on snow experience.
- You should be ready to experiment, try new things, collaborate with others, and have a great time! Arrive curious!
- Completion of the associated online e-learning components and participation in the complete training component of the program are required in order to participate in the evaluation portion.

## General:

- Breaks will happen throughout the day (vary depending on the weather), however, we recommend that you carry a snack in your pocket as the daily schedule and lunch break timing can vary based on various factors.
- You will receive a detailed description of the meeting time and place of your program when you register.

## **Questions?**

Please connect with our PSIC staff at info@psic.pro. We look forward to seeing you on snow!